

CHI no .....  
 First name ..... DOB ..... / ..... / .....  
 Last name ..... Sex:  M  F  
 Address .....  
 .....  
 .....  
*or attach addressograph label here*

# Recurrent Respiratory Events in Recovery

Date: ..... / ..... / .....

If no respiratory events -  
 can leave recovery

Epoch start time  :

:

:

Respiratory Event	First 30min epoch after extubation			Second 30min epoch			Third 30min epoch		
<b>Bradypnoea (<math>&lt;8</math> resps/min) 3 events required</b>									
<b>Apnoea <math>&gt;10s</math></b>									
<b>Desaturations <math>&lt;90\%</math> (with nasal cannulae) 3 events required</b>									
<b>Pain-sedation mismatch score*</b>									
<b>Initials:</b>									

\*Sedation Score  $\geq 2$  + Pain Score  $\geq 2$

- 1 respiratory event = 3 episodes of Bradypnoea
- 1 episode of Apnoea
- 3 episodes of desats
- 1 episode of pain sedation mismatch

or  
 or  
 or

Within a single  
 30 min epoch

**Recurrent respiratory events?**

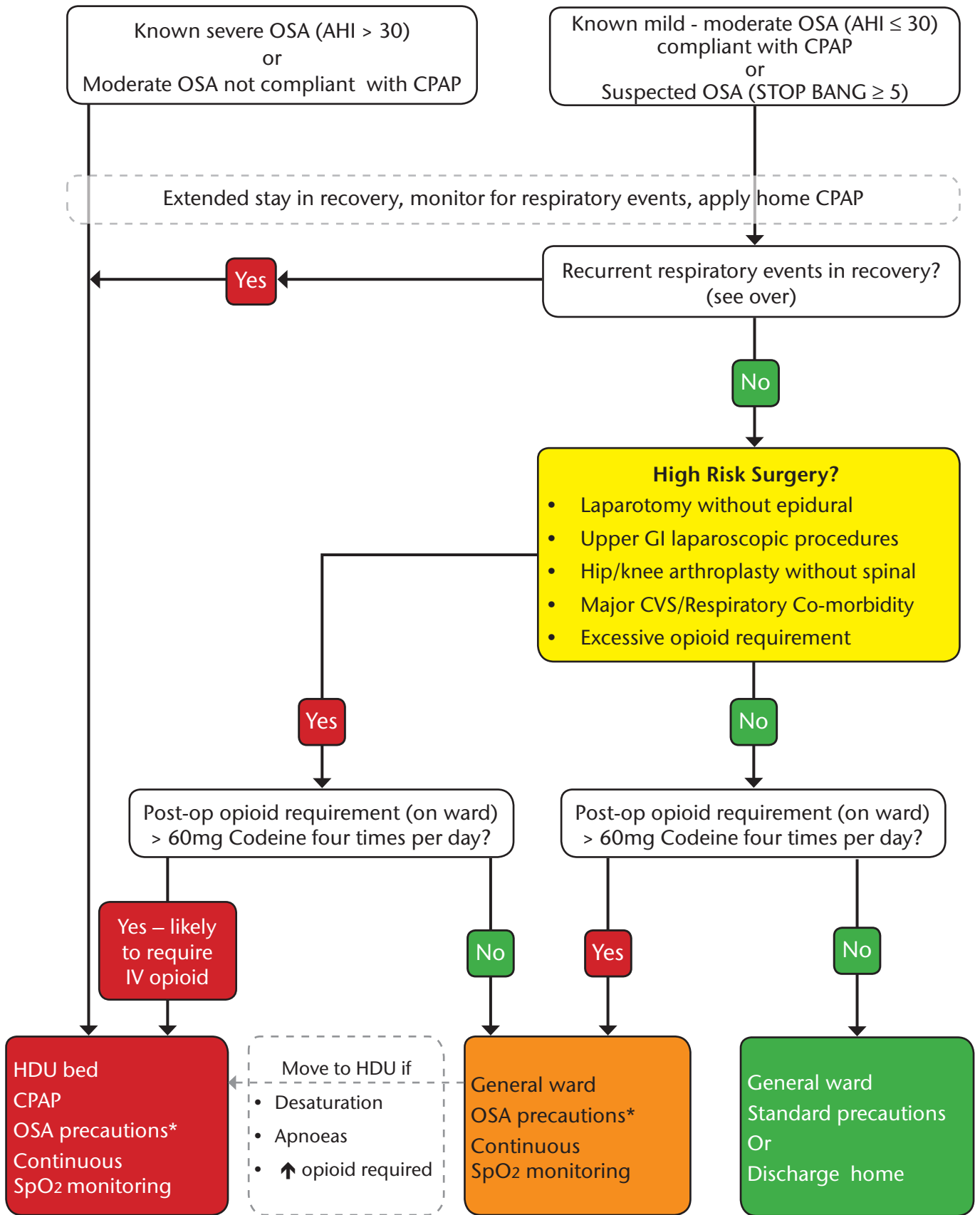
Yes  No

If yes, call Anaesthetist



Recurrent respiratory event = Respiratory events in 2 or more 30 min epochs

# Recovery Obstructive Sleep Apnoea (OSA) Guidelines



**STOP BANG:**

Snoring	BMI > 35 kg/m <sup>2</sup>
Tired	Age > 50
Obstruction	Neck circumference > 40
Pressure (High Blood Pressure)	Gender - Male

**\*OSA precautions**

- Head up position
- No sedatives
- Minimise opioid analgesia
- Apply home CPAP machine